

## Stacey Agbodza

### Profile:

- Third year Psychology student at Brunel University London
- I have experience in working in an eating disorder clinic for young people and as a psychology research assistant at Brunel University during my placement year
- Fluent in English
- Reliable, hard-working and determined to undertake challenging tasks

### Education:

#### BSc Psychology

Brunel University | Sep 2018-Jul 2022

#### A Levels in Psychology, English Literature and Theatre Studies

Woodhouse College | Sep 2016-June 2018

### Work Experience:

#### Psychology Research Assistant

Brunel University | Jan 2021-Sep 2021

- Helped distribute a COVID-19 wellbeing survey
- Undertook thorough research on a variety of articles surrounding the issue of COVID-19 and its effects on mental wellbeing amongst
- Statistical analysis of data collected from the COVID-19 wellbeing survey
- Summary report of data from the survey, including what was found, similarities/differences in responses from individuals' experiences of dealing with their mental health during the pandemic

#### Health Care Assistant

Ellern Mede Eating Disorder Clinic | Sep 2020-Jan 2021

- Close 2:1 or 1:1 observations of patients, ensuring no self-harming behaviours
- Providing support and encouragement for the patients during mealtimes – helping patients gain a healthier outlook towards food
- Taking the patients' daily vitals
- Attending to the high-risk patients' personal hygiene care

#### Volunteer Support Assistant

Jewish Care Home | May 2013

- Attended to the needs to residents, for example, if they wanted any food, assisting with patients' movements, keeping them company if they seemed lonely
- Whilst keeping the residents' company, I was able to ask them questions such as their experience in the care home, how they felt currently, what they thought could make their experience in the home more comforting/enjoyable
- Preparing the table for residents to eat/cleaning up

- Took part in some administration work in the office of the care home
- Was able to gain some insight in the lives of the elderly living in care as well as the experience of being a typical carer in a care home